

REACH

Risk Evaluation to Achieve
Cardiovascular Health

CookChildren'sSM

For health care professionals

Age of screening

For cholesterol

Targeted screening based on family history and presentation should begin at 2 years of age. For universal screening, 10 years of age (9-11) is the optimal time for initial lipid testing, with repeat screening at 17 to 21 years of age.

For diabetes

Children >10 years of age who are at risk of developing diabetes.