appointment checklist

Dear parents:

The staff of Cook Children's Pediatric Gastroenterology (GI) and Nutrition Clinic appreciates your selection of our physicians to serve you and your child's needs. Our goal is to provide the very best possible care to each patient that we see. We encourage parents to ask questions, offer suggestions and participate in the planning of their child's care.

Please use this checklist to help prepare for your child's visit.

☐ **Obtain a referral from your primary care physician.**
If you have not obtained a referral, you may need to reschedule your appointment until one can be obtained.

☐ **Complete the enclosed history forms and bring them to your appointment.**

☐ **Ensure our office has received all testing and/or medical records related to the reason for your referral.**

☐ **Bring a current list of your child's medications.**

☐ **Bring your insurance card and valid ID.**

☐ **Contact us regarding acceptance of your insurance.**
All insurance information from your primary care physician must be in our office prior to your visit or your appointment may need to be rescheduled. If you have questions regarding charges, our staff will be happy to discuss the charges for services provided to you. When your insurance plan changes, please call our office to verify that we are participants.

☐ **Bring legal proof of guardianship.**
- Foster parent needs TDPRS authorization forms.
- Grandparent needs written notice from legal parent.
- Step parent needs written notice from legal parent.

☐ **Arrive 30 minutes prior to your scheduled appointment.**
Allow adequate time for any needed paperwork and/or registration process. If you are late, your appointment may need to be rescheduled. Specialty care office visits and wait times may take up to two hours.

Appointment day:	Date:	Arrival time:

24-hour notice is required on all cancellations.
1500 Cooper St. - Dodson Specialty Clinics - Second Floor
Fort Worth, TX 76104

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billing information

For insurance purposes, the Gastroenterology and Nutrition Clinic is not a doctor's office visit. It is considered a "Hospital Outpatient" visit.

Please check your insurance benefits to ensure you are covered.

If you do not have insurance:

A deposit is requested for both physician and medical center charges prior to treatment. If you are not able to pay your bill in full, a referral to a financial counselor will be provided to you. You will receive separate bills for physicians' services, medical center charges and test/lab work.

If you have insurance:

You may be subject to a copay. If so, it will be applied to the respective bill. Your insurance may apply all or part of your medical center charges to your deductible. If you have not met your deductible, you may have a balance due at the time of your visit. Your insurance provider will receive separate invoices for physician's services, hospital charges and test/lab work.

I have read, understand and agree with the above financial policy. I understand that charges not covered by my insurance, as well as applicable copayments and deductibles are my responsibility.

I authorize my insurance benefits be paid directly to Cook Children's Gastroenterology and Nutrition Clinic.

I authorize Cook Children's Gastroenterology and Nutrition Clinic to release pertinent medical information to my insurance company when requested or to facilitate payment of a claim.

Printed Name Signature Date

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patient registration

Patient's name: Social Security #:

Date of birth: Sex: M / F Race (optional):

Mailing address:

City: State: Zip:

Home phone: Work phone: Cell phone:

Primary physician: Referring physician:

Parent or legal guardian information

Name: Relationship:

Mailing address (if different from patient):

Home phone: Work phone: Cell phone:

Date of birth: Social Security #: Employer:

Name: Relationship:

Mailing address (if different from patient):

Home phone: Work phone: Cell phone:

Date of birth: Social Security #: Employer:

CookChildren's℠

patient registration

Emergency contact

Name:	Relationship to patient:	Phone:

Insurance information

Primary insurance:	ID #:	
Claim address:	Claim phone:	
Insured:	Date of birth:	Relationship:
Employer name:	Phone:	

Secondary insurance:	ID #:	
Claim address:	Claim phone:	
Insured:	Date of birth:	Relationship:
Employer name:	Phone:	

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new patient history form

Patient name:_____ **Date of birth:**_____

Why were you referred to a gastroenterologist? _____

What problem is your doctor most concerned about? _____

What problem are you most concerned about? _____

Prenatal/newborn history (Please circle response where appropriate)

Did you receive prenatal care during your pregnancy? Yes / No

Did you have any problems during your pregnancy? Yes / No

Was your delivery: Vaginal / C-section

List any problems you had during your pregnancy: _____

Was your baby born early? Yes / No If so, how early? _____ Name of birth hospital: _____

Number of days in the newborn nursery: _____ Number of days in the Neonatal Intensive Care Unit: _____

Was your baby on a breathing machine? Yes / No How long? _____

Was your baby on a heart monitor? Yes / No Has it been discontinued? Yes / No

Please list any chronic medical problems: _____

Patient diet history

Infant: (Please circle response) Breast-fed / Formula-fed Is your infant on solid food? _____

Older child: Please note any dietary restrictions: _____

Patient social history

Who does your child primarily live with? _____

Patient hospitalizations

Please list your child's hospitalizations, dates and reason for admission: _____

_____

_____

Patient surgeries

Please list your child's surgeries, dates and reason for surgery:_____

_____

_____

Patient injuries

Please list any serious injuries or accidents including age at the time of accident:_____

_____

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medication list

Please list all medications your child is currently taking:

Medications including over the counter and herbal supplements	Dosage	Start date	Prescribing physician

Please follow medication instructions given by the prescribing physician.

Patient name:_____ **Date of birth:**_____

Allergies: _____

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patient developmental history

Please list any delays in your child's physical, mental or intellectual development: _____

_____

Patient history of sexual activity, alcohol, tobacco or drug use

Does your child drink alcohol? Yes / No How many drinks per week? _____

Does your child have any history of illegal drug use? Yes / No If so, what kind of drugs? _____

Does you child use tobacco? Yes / No How often? _____

Is your child sexually active? Yes / No Has your child started her period? Yes / No When?_____

Patient review of systems

Please check "Y" for yes if your child has experienced any of the following within the last 3 months:

Y	Neurological Symptoms:
	Seizures
	Headaches
	Double vision
	Dizziness
	Numbness
	Tingling
	Loss of bowel/bladder control

Y	Respiratory Symptoms:
	Apnea
	Cough
	Difficulty breathing
	Wheezing
	Multiple upper respiratory infections

Y	Ears, Eyes, Nose, Throat:
	Multiple ear infections
	Visual disturbances
	Nose bleeds
	Difficulty swallowing food
	Sores in mouth

Y	Cardiac Symptoms:
	Chest pain
	Irregular heartbeat
	Heart murmur
	Fainting

Y	Skin:
	Rashes
	Change in skin color
	Bruise easily

Y	Gastrointestinal:
	Vomiting
	Diarrhea
	Foul breath
	Stomach pain > 3 months
	Constipation
	Stool accidents
	Blood and/or mucous in stools
	Painful bowel movements
	Clay-colored stools
	Weight loss
	Loss of appetite

Y	Urinary:
	Bed-wetting
	Loss of bladder control
	Excessive urination
	Painful urination
	Blood in urine

Y	Musculoskeletal:
	Pain in arms/legs
	Swelling in arms/legs
	Pain in joints
	Weakness

Y	Psychiatric:
	Depression
	Anxiety
	Bipolar disorder
	Confusion

Y	General:
	Frequent fevers
	Excessive fatigue

Patient name:_____ **Date of birth:**_____

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family history

Please check any of the following that apply to biological parents, siblings and/or grandparents.

✓	Disease	Family member affected
	Asthma/emphysema/cystic fibrosis	
	Congenital heart disease/rheumatic fever/heart murmur	
	Heart attacks/hypertension	
	Sudden infant death syndrome/seizures	
	Diabetes/thyroid problems	
	Liver disease/hepatitis C	
	Crohn's disease/ulcerative colitis	
	Celiac disease/gluten intolerance	
	Stomach ulcer/gastritis	
	Irritable bowel syndrome/constipation/diarrhea	
	Hirschsprung's disease	
	Colon cancer/polyps	
	Gastroesophageal reflux	
	Food allergies	
	Rare metabolic diseases	
	Reaction to anesthesia	
Please list any other conditions not listed above and the family member affected:		

Patient name: _____ **Date of birth:** _____

Form completed by: _____ **Date:** _____

Relationship to patient: _____ **Date:** _____

Form translated by: _____ **Date:** _____

Form reviewed by: _____ **Date:** _____

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