

Video Capsule Endoscopy

Eating During Study

- Do not eat or drink for at least 2 hours.
- After 2 hours you may have small sips of water.
- After 4 hours you may have a light snack.
- After the examination is completed, you may return to your normal diet.

During the Study

- Avoid any strenuous physical activity especially if it involves sweating and do not bend over or stoop during capsule endoscopy.
- Since the recorder is actually a small computer, it should be treated carefully. Avoid sudden movement, vibration, direct sunlight, and banging of the recorder. Otherwise, this could result in loss of information.

After the Study

- The VCE lasts approximately 8 hours and is considered complete when the blue light turns to yellow. Do not disconnect the equipment or remove the belt anytime before the blue light turns yellow.
- Return all of the equipment to the special procedure waiting room by 10:00am the next morning.

General Information

- If you did not positively verify the excretion of the capsule from your body, and you develop unexplained post procedure nausea, stomach pain or vomiting, contact your doctor.
- After ingesting the capsule and until it is excreted, you should not be near any source of powerful electromagnetic like an MRI device
- Having an MRI while the capsule is inside your body may result in serious damage to your intestinal tract or abdominal cavity. If you did not positively verify the excretion of the capsule from your body, contact your doctor before undergoing an MRI examination

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I have a copy of these home instructions, know what I need to do, and understand why they are important.

Parent/Legal Guardian's Signature

Date

Nurse's Signature

