

Neurosciences Family Advisory Council (Neuro FAC)

Summer, 2015

Cook Children's Neuro FAC



How can we help your family?

We are dedicated to changing lives and improving outcomes for children and teens with neurological conditions. The following information is provided by our Neuro FAC to make things simple when things get complicated with your child's condition. We are here to help families bridge communication gaps and empower parents with tools to manage their child's healthcare.

Email us: neuro@cookchildrens.org

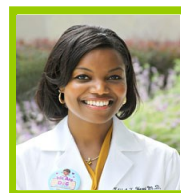
PHYSICIAN'S FORUM

Summer is the ideal time to begin preparing your child for the 2015-2016 school year. Below is a list of tasks that can be completed now, or in the near future, that will decrease your stress level and help avoid the rush of last-minute preparations:

- Finalize travel plans, required medical documents & school-related forms.
- Request medication refills well in advance of summer trips and holiday travels.
- Finalize summer camp plans and complete applications.
- Apply for private school admission for next school year.
- Request letters to initiate school evaluation process for IEP's and 504 Plans.
- Request neuropsychological evaluation and re-evaluation appointments in order to complete the entire process prior to school resuming .
- Request ARD meetings now to make changes for the next school year.
- Schedule well-child visits now because summer appointment slots fill quickly.
- Begin medication weaning/changes early in summer.
- Talk to a school nurse about potential medical needs in the upcoming school year.
- Update seizure action plans and school medication forms.
- Request updated letters documenting specific needs for school (e.g., special care or dietary requirements, activity limitations, etc.).
- Request a second labeled Rx bottle for medications administered at school.
- Set a reminder to ask for ADHD prescription medication refills well before school begins.



Getting to know Neurology Staff SPOTLIGHT ON:



Takijah Heard, MD
Pediatric Neurologist

Takijah T. Heard, MD joined the **Jane & John Justin Neurosciences Center** in the Dodson Specialty Clinic at Cook Children's Medical Center in December, 2014. She joined us from Memorial Hermann Houston. Here, she evaluates and treats our general neurology patients. Her professional background includes:

Residency: Boston Children's Hospital, 2011

Fellowship: Boston Children's Hospital, 2012

Medical: University of Chicago Pritzker School of Medicine, 2006

Dr. Heard's motto is "Putting smiles on faces today!"

Contact Dr. Heard's staff at: 682-885-2500

OR

neuro@cookchildrens.org

A PARTNERSHIP OF CARE

Please contact staff at 682-885-2500, or through your patient portal, for resources and tools to that may empower you and your family as caregivers. We can improve communication and understanding about your child's condition.

Our staff and volunteers are here to help!

Upcoming events & Related resources :

June

Tourette Syndrome
Awareness Month

Migraine & Headache
Awareness Month

Cervical Spine & Scoliosis
Awareness Month

June 23 Dravet Syndrome
Awareness Day

July

Cleft & Craniofacial
Awareness and Prevention
Month

July 9 Epilepsy Support Group
Cook Children's lower level

July 16 - Disability (ADA)
Awareness Day



Save the
dates for:
Summer
Camps

August

Spinal Muscular Atrophy
Awareness Month

Neurosurgery
Outreach Month

We would love to hear from you! Do you have topics that you would like to see covered in future newsletters ? Please email us at neuro@cookchildrens.org

CookChildren's

PLEASE JOIN US

for our next Parents as Partners Program

Sponsored by the Neurosciences Family Advisory Council

Ready, Set, Go to School!

Navigating the School System for Children with Special Learning Needs

Presented by Jan Sordini, FWISD

Thursday, August 6, 2015

7:00-8:00pm

Cook Children's Medical Center, Pavilion Classroom 5

801 7th Avenue, Fort Worth, 76104

Visit cookchildrens.org/neuro or call Leigh Anne Campbell at 682-885-2964 to RSVP or for more information

Snacks provided

*Child care is not available for this event

~ RESOURCES TO SHARE ~

PLEASE NOTE: Cook Children's does not endorse these resources or businesses. They are shared by Parents for your convenience as a helpful guide. This information is subject to change:

Facebook: Reaching for the Stars. A Cerebral Palsy Foundation

Reaching for The Stars Cerebral Palsy Foundation

www.reachingforthestars.org

Twitter: @Reach4Stars

Texas Dept. of Aging & Disabilities

www.dads.state.tx.us/providers/communications

Epilepsy Foundation of America

www.epilepsy.com

Epilepsy Foundation of Texas

www.eftx.org

www.cafetx.org

In Support of Autism Awareness Month:

TACAnow.org

Charis Hills

Collen@charishill.org

Family Camps and Camps for children with Autism

Free Apps:

Healthy Recipes Magazine

Gluten -Free.

Find Me Gluten Free

texasnf.org/Calendar/Coming_Events/camp

facebook.com/texasnf



don't
forget to

find us on...

Cook Children's

facebook

Children's @ Cook Childrens



Wishing you a healthy, happy, safe Summer!