



### Evening before surgery

- |                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
|---------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Bath and Hair</b>      | <input type="checkbox"/> Wash child with anti-bacterial soap.<br><input type="checkbox"/> Remove all hair pins, ribbons, bands, clips, etc.<br><input type="checkbox"/> Do not apply make-up, lotions, or baby powder.<br><input type="checkbox"/> Remove temporary tattoos, nail polish (fingers and toes).<br><input type="checkbox"/> Special instructions for bathing or cleaning. (example CHG wipes): Call your surgeon's office for more information. |
| <b>Jewelry</b>            | <input type="checkbox"/> Remove all jewelry and leave it at home. (earrings, piercings, necklaces, etc.)                                                                                                                                                                                                                                                                                                                                                     |
| <b>Food /Fluids</b>       | <input type="checkbox"/> Follow the step 6 <b>stop</b> times.                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Medicines</b>          | <input type="checkbox"/> Give usual medicines unless told otherwise.<br><input type="checkbox"/> Have surgery prescription medicines if ordered.                                                                                                                                                                                                                                                                                                             |
| <b>Pack Bag for child</b> | <input type="checkbox"/> One comfort item (toy, blanket, pacifier, music, etc.).<br><input type="checkbox"/> Empty bottle or sippy cup (hide from child).<br><input type="checkbox"/> Extra underwear.<br><input type="checkbox"/> Home medical supplies.                                                                                                                                                                                                    |
| <b>Pack Bag for you</b>   | <input type="checkbox"/> Sweater or light jacket.<br><input type="checkbox"/> Book, magazine, etc.<br><input type="checkbox"/> Cell phone charger.                                                                                                                                                                                                                                                                                                           |
| <b>Car Seat</b>           | <input type="checkbox"/> Make sure car seat is the right one for your child's age and height.<br><input type="checkbox"/> Please call Cook Children's Trauma Services if you have any car seat questions: 682-885-3954.                                                                                                                                                                                                                                      |